

..... / الاسم / الكود /

..... / المجموعة / وقت المجموعة /

امتحان قيم مستواك و ودع المستر

الصف الثالث الثانوي ٢٠٢١

الوحدات (١ - ٢)

الحل هو المفتاح السحري للوصول الى أعلى الدرجات يا فاشل

الامتحان طويل شويه بس ركز مش صعب



Page	Page mark	Student's mark
٢	٢٥	
٣	٢٥	
٤	٢٥	
٥	٢٥	
٦	٢٥	
٧	٢٠	
٨	١٧	
٩	٨	
١٠	١٠	
total	١٨٠	



درجة الطالب / ة

١٨٠

توقيع المصحح

احذريا فاشل

المكان مراقب بالكاميرات أي محاولة غش

هفضحك علني صوت و صورة

Never give up your hope
whatever hardships you face

- 1 is the illegal copying of books, videotapes,..etc.
 (a) Delivery (b) Conspiracy (c) Piracy (d) Cyberbullying
- 2 Al Daifi waited for his last exam with breath.
 (a) patient (b) patent (c) bated (d) impatient
- 3 The whole book is now available online including the ending.
 (a) wait long (b) awaiting (c) long-awaited (d) long wait
- 4 In Egypt, Mass media are accused of political.....
 (a) objective (b) fair (c) balanced (d) bias
- 5 Don't let such bad news make you
 (a) stress (b) stressful (c) stressing (d) stressed
- 6 Ali was the first prize in the poetry competition.
 (a) received (b) done (c) got (d) awarded
- 7 "The team has great to win, " declared the coach.
 (a) determines (b) determination (c) determining (d) piracy
- 8 Esar Gamal tried hard to her fear of Al Daifi's exams.
 (a) surrender (b) overcome (c) yield (d) disappear
- 9 Ahmed Sayed has as one of my best students.
 (a) replaced (b) ranked (c) level (d) declined
- 10 It is a to think that the right position for any woman is the kitchen.
 (a) stereotype (b) factual (c) practical (d) piracy
- 11 Let's buy some champagne in of her safe arrival.
 (a) celebration (b) celebrate (c) celebrity (d) celebrated
- 12 She loves to read about the lives of
 (a) celebrities (b) celebrates (c) celebrations (d) celebrated
- 13 Wafaa's father gets with her if she leaves the kitchen in a mess.
 (a) across (b) cross (c) anger (d) fair
- 14 I hadn't had enough sleep and was feeling a bit
 (a) well-behaved (b) grumpy (c) cheerful (d) patient
- 15 She's a old trout who complains about everything.
 (a) satisfactory (b) miserable (c) well-behaved (d) glad
- 16 His reputation for carelessness was established long before the latest problems.....
 (a) arose (b) rose (c) aroused (d) raised
- 17 She her gun, took aim and fired.
 (a) raised (b) rose (c) aroused (d) arose
- 18 He's a good teacher, but inclined to be a bit with slow learners.
 (a) impatient (b) patient (c) patience (d) patiently
- 19 Zeyad Hussain is a very student as he always causes problems.
 (a) patient (b) friendly (c) naughty (d) well-behaved
- 20 Al Daifi likes Esraa because she is
 (a) impatient (b) unfriendly (c) well-behaved (d) naughty
- 21 A new basketball has been built in the park.
 (a) pool (b) pavement (c) court (d) platform
- 22 This tennis is open to both amateurs and professionals from many countries.
 (a) game (b) match (c) tour (d) tournament
- 23 Symptoms of the illness a high temperature and a persistent dry cough.
 (a) consist (b) contain (c) exclude (d) include
- 24 My four- old son can't pronounce letter 'R' well. جيـجـه
 (a) years' (b) years (c) a year (d) year
- 25 Carrying a gun, he walked up to the cashier and money.
 (a) reminded (b) robbed (c) remained (d) demanded

- 26 We were made a lot of boring history books at school.
 (a) read (b) reading (c) to read (d) having read
- 27 , I was robbed of my gold watch last night.
 (a) Unfortunate (b) Fortunate (c) Unfortunately (d) Fortunately
- 28 The press can have a powerful on the way people react in everyday life.
 (a) effectively (b) effective (c) effect (d) affect
- 29 I was so that I slept through the second half of the film.
 (a) bored (b) excited (c) boring (d) exciting
- 30 The news story about the match missed out the injured player so there was bias by.....
 (a) omission (b) mislead (c) spin (d) inaccurate
- 31 One of the naughty so the teacher punished him.
 (a) students was (b) student was (c) students were (d) students is
- 32 Poor people suffer from the high of living.
 (a) cast (b) cost (c) coast (d) coastal
- 33 He wouldn't give the reasons his decision.
 (a) of (b) for (c) why (d) from
- 34 Can you hold this nail in while I hammer it into the door?
 (a) destination (b) position (c) site (d) location
- 35 Mai as well as her sisters a promise to help their mother at home.
 (a) has done (b) have done (c) have made (d) has made
- 36 Social media has a negative on news and society.
 (a) influential (b) effective (c) affect (d) impact
- 37 I'm going to complain the manager about this.
 (a) about (b) of (c) that (d) to
- 38 is the antonym of objectivity.
 (a) Equality (b) Bias (c) Fairness (d) Justice
- 39 So far, only one has been rescued from the scene of the explosion.
 (a) emergency (b) casualty (c) casual (d) murder
- 40 We didn't enjoy the day the cold weather.
 (a) because (b) because of (c) so (d) despite
- 41 My grandfather is wise. He has different in life.
 (a) exercise (b) experiments (c) experiences (d) experience
- 42 he is 70, he is energetic.
 (a) Because (b) Despite (c) Although (d) In spite
- 43 They argued the right to strike.
 (a) with (b) to (c) for (d) that
- 44 They the death of their mother in the local paper.
 (a) announced (b) replaced (c) complained (d) accused
- 45 Don't fall into the of thinking you can learn a foreign language easily.
 (a) trap (b) tape (c) trip (d) tribe
- 46 She was of murdering her drunken husband.
 (a) convicted (b) supported (c) admitted (d) compensated
- 47 The family picnic was when there was a sandstorm.
 (a) demanded (b) claimed (c) cheated (d) ruined
- 48 I was to read that 52% of people in the world are under 30 years old.
 (a) shock (b) exciting (c) checked (d) shocked
- 49 The movie is historically , but well worth seeing.
 (a) inaccurately (b) accurately (c) accurate (d) inaccurate
- 50 My brother likes to school activities.
 (a) take place in (b) take on (c) take in (d) take part in

- 51 I'm very in our ability to maintain leadership.
 (a) intelligence (b) confidence (c) confident (d) importance
- 52 These drugs are only on prescription.
 (a) value (b) valuable (c) available (d) availability
- 53 Angelina Jolie scooped up the for best actress.
 (a) reward (b) rewarding (c) award (d) ward
- 54 The vaccines will be safe and if used properly.
 (a) affect (b) effect (c) effective (d) effectively
- 55 What did you get in your maths exam?
 (a) grade (b) qualification (c) degree (d) licence
- 56 I see you have a in biology and chemistry from Alexandria University.
 (a) degree (b) grade (c) temperature (d) licence
- 57 Mai was the first girl a high mark in English exam.
 (a) to get (b) getting (c) to getting (d) get
- 58 He led a life with few friends.
 (a) lonely (b) alone (c) only (d) loan
- 59 Nadia is a nurse who won a/an..... in 2020 for her work during the health emergency.
 (a) rewarding (b) ward (c) reward (d) award
- 60 I anyone not to cry at the end of the film.
 (a) obtain (b) give (c) reflect (d) defy
- 61 All my teachers encourage you to something of yourself.
 (a) get (b) take (c) make (d) do
- 62 Her strange behaviour our suspicions.
 (a) risen (b) arisen (c) raised (d) aroused
- 63 The company decided to the salaries of its employees by 10%.
 (a) raise (b) rise (c) arise (d) arouse
- 64 The food in the canteen is usually good.
 (a) quite (b) quit (c) quietly (d) quiet
- 65 I hadn't had enough sleep and was feeling a bit grumpy. Grumpy is a synonym for
 (a) in a bad mood (b) in a good mood (c) glad (d) pleasant
- 66 What is the best for a headache?
 (a) treatment (b) treat (c) illness (d) surgeon
- 67 Yasmeen Moustafa is a great for young female scientists in Egypt.
 (a) role model (b) role (c) rule (d) ruler
- 68 While I my homework, my sister was listening to music.
 (a) had done (b) was doing (c) does (d) is doing
- 69 I listened my mobile ringing while a shower.
 (a) have had (b) having (c) were having (d) had had
- 70 Bani Suef, I met all my colleagues.
 (a) While (b) While in (c) During (d) On
- 71 At three o'clock yesterday, I my homework.
 (a) was done (b) have done (c) was doing (d) did
- 72 We for nearly half an hour before our uncle arrived.
 (a) have been waiting (b) had waited (c) had been waiting (d) have waited
- 73 This meat is fresh. Toka it.
 (a) is just buying (b) just buys (c) has just bought (d) was just buying
- 74 I Mai since last year.
 (a) didn't meet (b) hasn't met (c) hadn't met (d) haven't met
- 75 I Mai since last year but I called her yesterday.
 (a) haven't met (b) hasn't met (c) didn't meet (d) hadn't met

- 76 My mother is not at home. I think she to the market.
 (a) had gone (b) had been (c) has gone (d) has been
- 77 Nada Khaled is the most beautiful girl I have seen.
 (a) none (b) never (c) ever (d) forever
- 78 In my opinion, French English.
 (a) less better than (b) more better than (c) as good so (d) a lot better than
- 79 The plane is faster than the train.
 (a) more (b) much (c) a lot (d) b & c
- 80 Alex is not as as Cairo.
 (a) bigger (b) big (c) biggest (d) very big
- 81 It's the interesting novel I've ever read. It is very boring.
 (a) most (b) least (c) best (d) more
- 82 Mai is the of the two sisters.
 (a) taller (b) tallest (c) tall (d) tall as
- 83 By 2019, I three plays.
 (a) had written (b) has written (c) had been writing (d) was writing
- 84 What at ten o'clock yesterday evening?
 (a) were you do (b) had you done (c) were you doing (d) did you do
- 85 Ali always to work when he was young.
 (a) walks (b) had walked (c) walked (d) was walking
- 86 Yesterday, I went to the club and my friends.
 (a) had met (b) met (c) meet (d) was meeting
- 87 did you study English?
 (a) How long (b) How long ago (c) Since when (d) Since
- 88 One of our classroom windows yesterday.
 (a) have been broken (b) has broken (c) has been broken (d) was broken
- 89 They able to come because they were so busy.
 (a) aren't (b) didn't (c) wasn't (d) weren't
- 90 I'd rather a new film.
 (a) watch (b) to watch (c) watched (d) had watched
- 91 I'd rather you a new film.
 (a) watched (b) to watch (c) watch (d) had watched
- 92 I'd rather you a new film yesterday.
 (a) watch (b) to watch (c) watched (d) had watched
- 93 Have you seen Ola? - Yes, I her an hour ago.
 (a) will see (b) have seen (c) see (d) saw
- 94 A clothes factory near my town last month.
 (a) has been built (b) built (c) was building (d) was built
- 95 She used to be active, but now she
 (a) isn't (b) wasn't (c) doesn't (d) didn't
- 96 I used to play football when I was young, but now I
 (a) don't (b) isn't (c) doesn't (d) didn't
- 97 I've started drinking tea recently. I like it before.
 (a) got used to (b) never used to (c) am used to (d) used to
- 98 "I used to smoke." This means
 (a) I started (b) I no longer do it (c) I smoke (d) I'll stop it
- 99 From 7 to 9 yesterday, I a certain task as I was asked.
 (a) did (b) had done (c) was doing (d) have done
- 100 While my car at the garage, I was having a meal at a nearby restaurant.
 (a) was repairing (b) had repaired (c) was being repaired (d) repaired

- 101 While he was playing football, he and broke his leg. ☐
- a fell b was falling c fall d falling ☐
- 102 While I ill, I lost a lot of weight and became so thin.
- a was b was being c am d had been
- 103 They didn't answer the ringing phone since they deeply.
- a were sleeping b sleep c are sleeping d has slept
- 104 I felt really sick the party, so I went home.
- a during b when c while d on
- 105 in the office, he received a call from his wife.
- a During b On c While d After
- 106 working hours, I felt active.
- a After b While c During d On
- 107 done, our homework was handed out to our teacher.
- a Have been b On c Having been d Having
- 108 with my friends, I am over the moon.
- a When b During c While d On
- 109 doing our homework, we handed it out to our teacher.
- a On being b On c Having been d Having
- 110 Mai has been ill the last week.
- a since b for c already d recently
- 111 He has been training hard the last Olympic games.
- a ever b since c just d for
- 112 I have had this car last year.
- a when b since c for d ago
- 113 It's exactly four years I last played football.
- a ago b when c for d since
- 114 Ali school. He has just arrived home.
- a has been b has been in c has gone to d has been to
- 115 Ahmed is on holiday. He to Italy.
- a is gone b was gone c has been d has gone
- 116 I my colleagues for many years now.
- a have been knowing b had been knowing c had known d have known
- 117 Oh! I my wallet. What can I do?
- a have been losing b have lost c have been lost d had broken
- 118 I can't believe it! Have you eaten all the food?
- a just b already c ever d since
- 119 I'll go to bed after I my homework.
- a did b have done c had done d has done
- 120 He come until I have phoned him.
- a doesn't b won't c didn't d don't
- 121 He has had three or four temporary jobs since school.
- a left b leaving c has left d had left
- 122 I didn't go to school until I breakfast.
- a had had b had c have had d have
- 123 Aya watched television after her lesson.
- a writing b has written c wrote d had written
- 124 No sooner the noise than we rushed to the spot.
- a had we heard b did we heard c we had heard d we did hear
- 125 He'd come into the room when he died.
- a hardly b rather c better d prefer

- 126 I didn't meet my friend today he had left early.
 (a) before (b) until (c) as (d) after
- 127 This man isn't Mr Ali, perhaps shorter.
 (a) tall as (b) so tall so (c) so tall as (d) as tall so
- 128 I think little Jenny today. She can go to school.
 (a) seem better (b) seems best (c) looks better (d) looks best
- 129 Which of these is an adjective?
 (a) hard (b) hardly (c) harden (d) hardship
- 130 You were to escape unharmed.
 (a) fortunate (b) fortunately (c) unfortunately (d) unfortunate
- 131 Yesterday was hot and today is
 (a) hotter (b) hotter than (c) hottest (d) a hotter
- 132 The Nile is river in Africa.
 (a) longer than (b) the longest (c) longer one (d) longest than
- 133 The more you study, the marks you get.
 (a) less (b) better (c) good (d) best
- 134 The shirt wasn't the price as I had thought at first.
 (a) as (b) same (c) most (d) more
- 135 Our football team is yours.
 (a) better than (b) the better (c) best than (d) the best
- 136 This car is very good, but ours is
 (a) much better (b) more better (c) much best (d) less best
- 137 He to find a job, but he had no luck.
 (a) tried hard (b) tried hardly (c) hardly tried (d) hard tried
- 138 Today is hotter than yesterday.
 (a) the least (b) little (c) less (d) a little
- 139 I have books than our friends.
 (a) much (b) few (c) little (d) fewer
- 140 When I went to the station, the train had left. This means:
 (a) First, I arrived at the station, then, the train left (c) I actually caught the train
 (b) The train had left before I reached the station
 (d) The train moved while I was getting into it
- 141 Which of the following is structurally correct?
 (a) Since years, I haven't played football. (b) It's years since I have last played football.
 (c) It's years since I played football. (d) I had played football years ago.
- 142 Which of the following is structurally correct?
 (a) While he came, I was watching TV. (b) While watching TV, he came.
 (c) While I was watching TV, he came. (d) During watching TV, he came.
- 143 Which of the following is structurally correct?
 (a) I didn't see him since the last time we met.
 (b) I haven't seen him since the last time we meet.
 (c) I haven't seen him for the last time we met.
 (d) I haven't seen him since the last time we met.
- 144 Which of the following is structurally correct?
 (a) Ali is used to watch action movies. (b) Ali get used to watching action movies.
 (c) Ali used to watch action movies. (d) Ali used to watching action movies.
- 145 Which of the following sentences DOESN'T give the same meaning?
 (a) After he had studied his lessons, he slept. (b) After studying his lessons, he slept.
 (c) Before he studied his lessons, he had slept.
 (d) Having studied his lessons, he slept.

- 146 Which of the following is correctly structured?
- a My car had been repaired before I arrived at the mechanic's.
 - b My car had repaired before I arrived at the mechanic's.
 - c My car had been repair before I arrived at the mechanic's.
 - d My car had being repaired before I arrived at the mechanic's.
- 147 Which of the following sentences is structurally correct?
- a No sooner I had typed the report, than I emailed the manager.
 - b No sooner had I typed the report than I emailed the manager.
 - c I had no sooner typed the report when I emailed the manager.
 - d No sooner I had typed the report when I emailed the manager.
- 148 Which of the following sentences is punctuated correctly?
- a Wael did you understand why I had travelled to Luxor alone?
 - b Wael, did you understand why I had travelled to Luxor alone
 - c Wael, did you understand why I had travelled to Luxor alone?
 - d Wael, did you understand Why I had travelled to Luxor alone?
- 149 When writing an essay or a paragraph, you start with a/ansentence.
- a ending
 - b closing
 - c introductory
 - d conclusion
- 150 "Yours faithfully" belongs to the language.
- a former
 - b informal
 - c formal
 - d slang
- 151 There were about three-quarters completing the form. That's to say
- a 50 %
 - b 25 %
 - c 75 %
 - d 57 %
- 152 Which expressions can you Not use to start your final paragraph in an essay?
- a To sum up
 - b In conclusion
 - c To conclude
 - d Firstly
- 153 Aya cried, 'Help'
- a .
 - b ;
 - c :
 - d !
- 154 When you are writing, you can use "....." to introduce the topic.
- a to conclude,
 - b to begin with,
 - c on the other hand
 - d as well as that
- 155 When you are writing, you can use "....." to give contrasting information.
- a consequently
 - b whilst
 - c due to
 - d in my view
- 156 We can use "to sum up,... " to
- a introduce an opinion
 - b introduce the topic
 - c introduce a summary
 - d give a reason
- 157 A persuasive essay is the one that
- a provides a clear, focused explanation of a topic.
 - b presents an extended evidence - based argument.
 - c tells a story about a personal experience or an imaginative one.
 - d provides a detailed sensory description of something.
- 158 On ending an essay on unemployment, you can use
- a Firstly, we should know what causes unemployment.
 - b Moreover, a lot of young people insist on having a job in the city where they live
 - c In conclusion, we should all do our best to solve this problem which hinders stability.
 - d Above all, we need to encourage the private sector to provide more work chances. □
- 159 We use "Consequently" in a paragraph or an essay to
- a introduce the result of something
 - b give a reason for something
 - c give contrasting information
 - d introduce a summary of the main points
- 160 In a formal email, you can conclude with
- a See you soon
 - b See you later
 - c Yours sincerely
 - d Bye
- 161 In an informal email, you can conclude with
- a Bye
 - b See you later
 - c Yours sincerely
 - d a & b
- 162 "About: good news" This field refers to
- a sender
 - b receiver
 - c addressee
 - d subject □

163 All economic reforms aim to realize high rates of growth and investment in a bid to create new jobs for youth.

- a) تهدف جميع الإصلاحات الاقتصادية إلى تحقيق معدلات نمو واستثمار عالية في محاولة لخلق وظائف جديدة للشباب.
- b) هدفت جميع الإصلاحات الاقتصادية إلى تحقيق معدلات نمو واستثمار عالية في محاولة لخلق وظائف جديدة للشباب.
- c) تهدف جميع الإصلاحات الاقتصادية إلى تحقيق معدلات نمو واستثمار عالية في محاولة لإبداع وظائف جديدة للشباب.
- d) تهدف جميع الإصلاحات الاقتصادية إلى تحقيق معدلات نمو واستثمار عالية في محاولة لخلق وظائف جديدة للشباب.

164 Online distance learning is a method of instruction, which connects learners with educational resources.

- a) يعتبر التعلم عن بعد عبر الإنترنت أسلوب تعليمي لا يربط المتعلمين بالموارد التعليمية.
- b) يعتبر التعلم عن بعد عبر الإنترنت أسلوب تعليمي يفصل المتعلمين عن الموارد التعليمية.
- c) يعتبر التعلم البعيد عبر الإنترنت أسلوب تعليمي يربط المتعلمين بالموارد التعليمية.
- d) يعتبر التعلم عن بعد عبر الإنترنت أسلوب تعليمي يربط المتعلمين بالموارد التعليمية.

165 Education aims at creating an Egyptian citizen who is able to face the challenges of modern life.

- a) يهدف التعليم إلى تكوين مواطن مصري غير قادر على مواجهة تحديات الحياة العصرية.
- b) يهدف التعليم إلى تكوين مواطن مصري قادر على مواجهة تحديات الحياة المصرية.
- c) يهدف التعليم إلى تكوين مواطن مصري قادر على وجه تحديات الحياة العصرية.
- d) يهدف التعليم إلى تكوين مواطن مصري قادر على مواجهة تحديات الحياة العصرية.

166 Tourism is one of the most important sources of national income as it brings in a lot of hard currency which is invested in plenty of projects.

- a) تعتبر السياحة من أهم مصادر الدخل القومي لأنها تجلب الكثير من العملات الصعبة التي يتم استثمارها في الكثير من المشاريع.
- b) تعتبر السياحة من أهم مصادر الدخل القومي لذلك تجلب الكثير من العملات الغريبة التي يتم استثمارها في الكثير من المشاريع.
- c) تعتبر السياحة من أهم مصادر الدخل القومي لأنها تجلب الكثير من العملات الصعبة التي يتم انفاقها في الكثير من المشاريع.
- d) تعتبر السياحة من أهم مصادر الدخل العالمي لأنها تجلب الكثير من العملات الصعبة التي يتم استثمارها في الكثير من المشاريع.

167 Civilized societies make great efforts to overcome the problem of illiteracy to push the wheel of development, progress and stability.

- a) المجتمعات المتحضرة تبذل جهوداً كبيرة للتغلب على مشكلة الأمية لدفع عجلة التنمية والتقدم والاستقرار.
- b) المجتمعات المتحضرة تبذل جهوداً كبيرة للتغلب على مشكلة التعليم لدفع عجلة التنمية والتقدم والاستقرار.
- c) المجتمعات المتحضرة تبذل جهوداً كبيرة للتغلب على مشكلة الأمية لسحب عجلة التنمية والتقدم والاستقرار.
- d) المجتمعات المتحضرة تبذل جهوداً كبيرة للتغلب على مشكلة الأمية لدفع عجلة التنمية والتقدم والاستقرار.

8

١٦٨ يجب أن يلعب الجميع دوراً إيجابياً في تنمية بلدنا حتى تنعم الأجيال القادمة بالرخاء.

- a) Everyone should play positive role in the development of our country so that future generations can enjoy prosperity.
- b) Everyone should play a positive rule in the development of our country so that future generations can enjoy prosperity.
- c) Everyone should play a positive role in the development of our country so that future generations can enjoy prosperity.
- d) Everyone should play a negative role in the development of our country so that future generations can enjoy prosperity.

١٦٩ لا يمكن لأحد أن يهزمك أو يعرقل نجاحك طالما تتسلح بالعلم والأمل.

- a) No one can't defeat you or hinder your success as long as you are armed with knowledge and hope.
- b) No one can defeat you or hinder your successful as long as you are armed with knowledge and hope.
- c) No one can defeat you or hinder your success as long as you are armed with knowledge and hope.
- d) No one can defeat you or hinder your success as long as you are armed to knowledge and hope.

١٧٠ عندما تعطى شخصاً تعليماً جيداً ، فأنت تساعد أيضاً على التفكير والإبداع ليكون مواطناً صالحاً.

- a) When you give a person a well education, you also help him to think and create to be a good citizen.
- b) When you give a person a good education, you also help him thinking and create to be a good citizen.
- c) When you give a person a good education, you also help him to think and create to be a good citizen.
- d) When you give a person a good education, you also help him to think and create for be a good citizen.

Read the following passage, then answer the questions:

It is commonly believed that only rich middle-aged businessmen suffer from stress. Anyone may become ill as a result of stress if they experience a lot of worry. Stress can be a friend or an enemy. It can warn you that you are under too much pressure and should change your way of life. It can kill you if you don't notice the warning signals.

When we are very frightened and worried, our bodies produce certain chemicals to help us fight what troubling us. These produce the energy needed to run away fast from an object of fear. If we don't use up these chemicals or produce too many of them, they may harm us. The stomach, heart, skin, head and back are badly affected by stress. For example, any student in a final year can be under two stresses. He can be under great pressure preparing for his exams and a dispute with his father. He may wake up after sleeping badly discovering that his body was covered by red lumps. Stress can also cause car accidents, heart attacks, alcoholism and even suicide.

Our living and working conditions may put us under stress. Overcrowding in large cities, traffic jams, competition for jobs, uncertainty about the future may be stressful. If you have changed jobs or moved house in recent months, you are likely to fall ill. What can we do about stress? As with all illnesses prevention is better than cure. When you are taking work home, you can enjoy yourself. So you have to tell yourself that it is time to stop and join a relation class. To avoid stress, one should have a balanced life.

A Choose the correct answer from A, B, C or D:

171 This passage mainly deals with

- a committing suicide and car accidents
- b joining a relaxation club
- c stress as a psychological problem
- d job competition and their effects

172 The sentence that can best summarize the third paragraph is

- a pressures we are exposed to before exams
- b stress can destroy our life
- c we are always frightened
- d some causes of stress and ways to overcome them

10

173 According to the passage, some people may feel... when they move into a new house.

- a stressed
- b dishonest
- c happy
- d content

174 When scared, our bodies get out

- a illnesses caused by fear
- b the stresses we suffer from
- c intentions to put an end to our life
- d some chemicals to combat this fear

175 Why do you think that businessmen are always under stress? Because

- a they are busy thinking about warning signals
- b they export goods all over the world
- c they tour the world very often
- d they might lose lots of money

176 From the passage, find out the word that means "a swelling under the skin which is a sign of illness"

- a lung
- b lump
- c lamb
- d lumber ☐

177 According to the passage, stressful life is

- a painless
- b painful
- c delighted
- d enjoyable ☐

178 What do you think would happen if we overcome stress? We would

- a suffer from many conflicts
- b start making debates
- c hinder progress and development
- d enjoy peace of mind

179 What is the synonym of "worried"?

- a anxious
- b cheerful
- c delighted
- d pleased ☐

180 What is the antonym of "harm"?

- a benefit
- b ruin
- c damage
- d misuse ☐